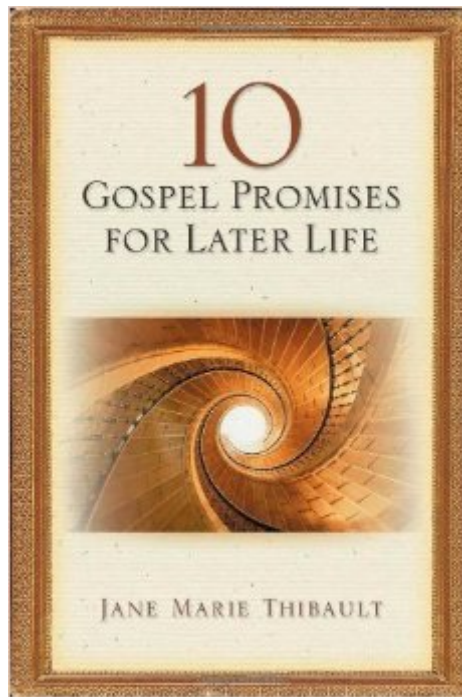


The book was found

# 10 Gospel Promises For Later Life



## Synopsis

Is there any good news in the Good News for older adults? We're living longer. In fact, the population of 85 (plus) year-olds is the fastest growing segment in the US. Life expectancy is increasing in all developed countries in the world. With the gift of longer life, though, comes pain. The worst physical ailments and frailties may seem inconsequential when compared to the feelings of emotional and spiritual abandonment that many elders report today. "I can't relate to Jesus' message any longer. The gospel calls for action. I can't do what Christ wants me to do, and I feel guilty." "The Old Testament comforts me more than the gospel. These writings relate to my situation more since I'm old, flat on my back, and utterly dependent on others." "The church has no place for old people." "I feel that I have outgrown Jesus - he's for beginners in the spiritual life. Out of Thibault's reflection on the relevance of the gospel to later life comes hope. "While secular society offers long-term care insurance, Jesus offers the promise of abundant life in the here and now as well in heaven," Thibault says. Each chapter of 10 Gospel Promises for Later Life addresses a fear about aging and faith and gives an example of its negative effect on a person's daily life. Next you'll find a response, the promise of the gospel, the assurance of God's constant love that offers hope in all circumstances. Identify your own fears (or the fears of a loved one) about aging, and learn from Thibault's sensitive study how to make the most of God's gift of longer life. Questions for personal reflection or group discussion are included at the end of each chapter, making it an ideal book for individuals or classes.

## Book Information

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## Customer Reviews

Dr. Thibault, from her life work with gerontology identifies the 10 fears that older people face. Then in a most compassionate and personal way she breaks open the Word of God and shows how Jesus the Christ holds out a promise that overcomes each of those fears. Thibault includes vignettes of each of the fears and then scriptural references as well as discussion for each of the promises. There are also reflection questions for each. This book can be read alone, or as we do in our Catholic Elder Community, used in a group setting. George Patterson [...]

Jane Thibault finds important answers in the Gospels for older adults who may wonder if the faith of their youth will be enough to sustain them in their later years. She writes clearly in an easy to understand style, yet conveys deep meaning with her words. I would, without reservation, recommend this book for any Christian, especially anyone retirement age or older.

I admire the author's patience and spiritual pluck in searching out the promises for old age requirements. She is very well equipped in giving counsel and sharing her own life story to help us focus on the positive side of growing older.

I had purchased this book to see if it was something my senior Sunday School class might be interested in but the book seemed to be written for someone who wasn't happy living out the later years. While it did have some good scripture references and support it wasn't what I was hoping for this book.

As a Senior and a Practicing Social Worker I found this study of Christian Gospels excellent. It spoke to personal experiences as well as to many of the Senior Population that I work with. No beating around the bush but straight forward to too many unexpressed feelings, thoughts and concerns. A Must Read for Adult Children as well as their parents. N. Hamilton, a senior LCSW  
10/26/11

Author Thibault has done an excellent job of presenting some of the problems/fears of those who are aging and then applying and giving Christian thought/help to those who have these fears. The reader will find a wealth of material that they can use, and some thought provoking questions for one to think about or to discuss with others. I usually try to stay away from any book that discusses 10 this, 12 that or any number, but in this case the book was well worth reading and is recommended for any aging Christian. J. Robert Ewbank author of "John Wesley, Natural Man, and

the 'Isms'"

We are a group of friends who volunteer at a skilled nursing facility. One of the ladies recommended this book as a guide to structure the book club spiritual discussion with seniors there. We know that with aging comes the loss of many skills and functional abilities. For many, there is a question of what is the reason for existence, esp. if one is suffering from the debilitating effects of disease. We tap into feelings of helplessness, frustration, hope, pride that gets in the way of receiving and accepting help, and discover the underlying strong faith that many possess that there is a loving God who knows about our suffering and that we should pray often for his healing mercy and pray for specific wishes. The book is easy to understand, is very concise and should be a must read for seniors who are not necessarily in a facility. Excellent book.

Insightful connection between promises of Christ and how each one addresses the universal fears of growing older.

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